

Perfectionism, Body Satisfaction and Dieting in Athletes: The Role of Gender and Sport Type

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Supplementary file 1

Table S1. Results of hierarchical regression analysis with dieting as the criterion variable for female (n = 79) and male (n = 165) participants.

Females (n = 79)									
Variable	Model 1			Model 2			Model 3		
	B	SE B	β	B	SE B	β	B	SE B	β
Age	0.07	0.06	0.15	0.06	0.05	0.14	0.04	0.05	0.09
Sport type	0.09	0.10	0.11	0.07	0.10	0.09	0.09	0.09	0.11
Sport participation	-0.03	0.03	-0.13	-0.03	0.03	-0.13	-0.03	0.03	-0.12
Adaptive perfectionism				-0.00	0.02	-0.02	0.03	0.05	0.09
Maladaptive perfectionism				0.03	0.01	0.23	0.02	0.01	0.14
Body satisfaction							-0.04	0.01	-0.32*
R^2	0.05			0.10			0.18		
F for ΔR^2	1.23			1.52			2.48		
Males (n=165)									
Variable	Model 1			Model 2			Model 3		
	B	SE B	β	B	SE B	β	B	SE B	β
Age	0.04	0.04	0.09	0.04	0.04	0.09	0.05	0.04	0.10
Sport type	0.09	0.06	0.13	0.10	0.06	0.156	0.12	0.06	0.18
Sport participation	0.00	0.02	0.00	0.00	0.02	0.00	0.01	0.02	0.02
Adaptive perfectionism				0.01	0.01	0.08	0.01	0.01	0.10
Maladaptive perfectionism				0.01	0.01	0.08	0.01	0.01	0.05
Body satisfaction							-0.01	0.01	-0.11
R^2	0.03			0.04			0.05		
F for ΔR^2	1.45			1.25			1.35		

Note. SE – standard error. * $p < 0.05$.



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